



ChiRunning®

Free Lecture

Founder Danny Dreyer

at Playmakers Athletic Footwear

Please join us!

Tuesday, March 16, 2010
@ 8.00 pm

Playmakers Athletic Footwear
2299 West Grand River Ave
Okemos, MI 48864

Curious about ChiRunning? Please come to an introductory lecture on ChiRunning, given by Founder Danny Dreyer. Topics will include:

- How ChiRunning evolved
- The nature of ChiRunning as a “practice”
- How to run pain and injury-free

Q&A session with Danny included: Bring any and all questions!

Need more details? Please call Playmakers at:
(517)-349-3803



Questions?
Please call for
more info!

www.playmakers.com